BOMBAY NANA'S NANKHATAIS

Ingredients:

600 g all purpose flour

400 g ghee (clarified butter)

400 g sugar

Pinch of baking powder

Cardamom powder

- * Beat the sugar and ghee very well until creamy and the sugar is dissolved.
- * Add the flour, cardamom and baking powder and mix gently.
- * Make into small flat cookies and place them an inch apart on a greased baking tray.
- * Bake at 180 C for about 7-10 minutes until the bottom is slightly brown and the tops have just changed colour.

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SIMPLE CHICKEN CURRY

Ingredients:

- 1 kg chicken with bones cut into small / medium pieces 100 g plain yoghurt
- A handful of blanched almonds or cashew nuts ground to a paste
- 2 large onions chopped

Chilli powder, coriander powder, cumin, turmeric, pepper and garam masala

- A heaped teaspoon each of chopped ginger and garlic
- A few cloves, a stick of cinnamon, 6 cardamom pods
- 1 large tomato chopped
- *Sauteé the cloves, cinnamon and cardamom for a minute.
- * Add the onions and saute till light golden.
- * Add the ginger and garlic and the spice powders and saute for a few minutes.
- *When the spices give out a nice aroma and the garlic smells good, add the chicken and salt to taste. Turn up the heat and let it release its juices.
- * Add the yoghurt and tomato and allow it to cook covered on a low flame till the chicken is almost done (about 10-15 minutes). Add the nut paste and adjust seasonings.
- *Can be served with rice or chapati/roti/tortillas.

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